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PROGRAMME AT A GLANCE

9TH WONCA AFRICA REGIONAL CONFERENCE • 10–11 SEPTEMBER 2026 •

VENUE: GABORONE INTERNATIONAL CONFERENCE CENTER, GABORONE, BOTSWANA

We Are One: Africa united to advance planetary health through collaboration and resource alignment in primary healthcare

DAY 1 | THURSDAY, 10 SEPTEMBER 2026

TIME	ACTIVITY	ROOM
07:00–08:00	Registration	Registration area
08:00–08:30	Sponsored Talk [Haleon] Haleon Health Inclusivity Index: Speaker Samson Kikuvu	Tsodilo B/C
08:30–09:30	Plenary Session 1: Advancing Planetary Health Through Primary Health Care in Africa	Tsodilo B/C
09:30–10:00	Keynote Address: Family Medicine as Activism - Prof. Viviana Martinez-Bianchi	Tsodilo B/C
10:00–10:15	Group Photo & Tea Break	Tsodilo B/C
10:15–11:15	Opening Ceremony	Tsodilo B/C
11:15–11:25	Movement Break	—
11:25–12:25	Oral Abstract Parallel Sessions 1 / Symposium	Multiple rooms
12:25–12:35	Movement Break	—
12:35–13:05	Plenary Keynote: Eliminating HBV: Roles of Family Medicine & Primary Care	Tsodilo B/C
13:05–14:00	Lunch & Poster Viewing WONCA Book Launch “Future Perspectives in Primary Care Research”	Exhibition area
14:00–15:30	Workshops / Symposia / Climate & Planetary Health Oral Abstracts	Multiple rooms
15:30–16:00	Tea Break / Sponsored Talk [Reckitt]: Pain and Fever in Children and Safety of Ibuprofen in Children	Exhibition area / Tsodilo B/C
16:00–16:30	Plenary Session 2: Health Professions Education role in Strengthening Primary Care in Africa	Tsodilo B/C
16:30–16:40	Movement Break	—
16:40–17:40	Oral Abstract Parallel Sessions 2 / Symposia / Workshops	Multiple rooms
18:00–19:00	WONCA Africa Council Meeting (Members Only)	TBC
19:30–22:00	Gala Dinner & Cultural Evening	Botswana Craft

DAY 2 | FRIDAY, 11 SEPTEMBER 2026

TIME	ACTIVITY	ROOM
06:00–07:00	“Walk With a Doc”	Hotel entrance
07:00–08:00	Registration	Registration area
07:30–08:30	Oral Abstract Parallel Sessions 3	Multiple rooms
08:30–10:00	Plenary Session 3: Strengthening Primary Care for Emerging Health Challenges	Tsodilo B/C
10:00–10:30	Tea Break	Exhibition area
10:30–11:30	Plenary Session 4: The Future of Family Medicine in Africa	Tsodilo B/C
11:30–12:30	Symposia / Oral Abstracts / Workshops	Multiple rooms
12:30–13:30	Lunch &Poster Viewing Sponsored Talk-Debswana (Debswana Environmental, Social & Governance (ESG) Strategy	Exhibition area/ Tsodilo B/C
13:30–15:00	Workshops 2 / Symposium	Multiple rooms
15:00–15:30	Tea Break	Exhibition area
15:30–16:30	Closing Plenary: Partnerships for Impact in Africa	Tsodilo B/C
16:30–17:00	Closing Ceremony	Tsodilo B/C

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Detailed parallel-session room allocations follow in the full programme.

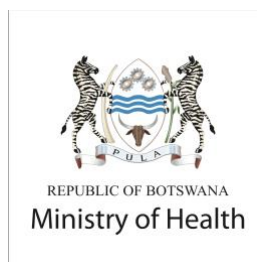
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DAY 1 | THURSDAY, 10 SEPTEMBER 2026

07:00 – 08:00 Registration

08:00 – 08:30 Sponsored Talk – Haleon Health Inclusivity Index: Speaker Samson Kikuvu

Room: Tsodilo B/C

08:30 – 09:30 Plenary Session 1: **Advancing Planetary Health Through Primary Health Care in Africa**

Chair- Dr. Kesegofetse Chabaesele

Room: Tsodilo B/C

08:30-09:00 Planetary Health and Research in Primary Health Care - Prof. Bob Mash

09:00-09:30 The case for planetary health: Why Planetary Health Matters to Family Doctors - Prof. Karen Flegg

09:30-10:00 Keynote Address: Family Medicine as Activism - Prof. Viviana Martinez-Bianchi

10:00 – 10:15 Group Photo & Tea Break

10:15 – 11:15 OPENING CEREMONY [Chair-Dr. Sandra Maripe]

Room: Tsodilo B/C

- Welcome by Local Organizing Committee (Botswana)
- Remarks by WONCA Africa President (Prof. Bob Mash)
- Remarks by WONCA World President (Prof. Viviana Martinez-Bianchi)
- Official Opening by Guest of Honour (Hon. Dr. Stephen Modise-Minister of Health, Botswana)

11:15 – 11:25 Movement Break

11:25 – 12:25 Oral Abstract Parallel Sessions 1

Oral Abstracts	Symposium
Track A- Digital Health & Innovation (x4 oral abstracts) Chair- Dr. Karabo Ookeditse, Room: Serondela 1/2	S1-Strengthening Primary Health Care Capacity in Sub-Saharan Africa: Lessons from the NORHED II PRICE Partnership Prof. Thomas Mildestvedt, Room: Okavango 1
Track B- NCDs & Chronic Care (x4 oral abstracts) Chair- , Dr. Ts'epo Motsosi Room: Serondela 3/4	
Track C- Maternal & Child Health (x4 oral abstracts) Chair- Dr. Jane Namatovu, Room: Tsodilo B/C	
Track D – Infectious Diseases (x4 oral abstracts) Chair- Dr. Kwame Ayisi-Boateng, Room: Tsodilo B1	
Track E – Health Systems Strengthening (x4 oral abstracts) Chair- Dr. Ibrahim Banuru, Room: Okavango 2	
Track F- Community-Oriented Primary Care (x4 oral abstracts) Chair- Dr. Ompatile Totolo Koobonye, Room: Moremi	

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12:25 – 12:35 Movement Break
12:35 – 13:05 Plenary Session: Keynote Address: Eliminating HBV: Roles of Family Medicine & Primary Care

Prof. William Wong, University of Hong Kong

Chair-Dr. Thato Paulus-Mokgachane

Room: Tsodilo B/C
13:05 – 14:00 Lunch /Poster Viewing

WONCA Book Launch “Future Perspectives in Primary Care Research”

14:00 – 15:30 Workshops/Symposia [Parallel]

Workshops	Oral Abstracts {Climate Change and Planetary Health}
Workshop A : Lifestyle Medicine 1 Room: Okavango 1	14:00-14:30 Keynote: Smart Buys for Climate-Resilient Primary Health Care: Translating Evidence into Action in African Health Systems. Dr Patricia Nayna Schwerdtle Room: Tsodilo B/C 14:30-15:30 Track K- Climate & Planetary Health (x4 oral abstracts) Chair-Kenewang Motshegwa Room: Tsodilo B/C
Workshop B : Building Capacity in Geriatric Care Across Africa: A network for Healthy Aging-1 Room: Serondela 1/2	
Workshop C: Navigating Professional Growth for Women Family Physicians in Academia and Clinical Practice Room: Tsodilo B1	
Workshop D: Shaping the Quality and Safety Agenda for Primary Care in Africa: A Regional Scoping Workshop of the WONCA Working Party on Quality & Safety Room: Okavango 2	
Workshop F: Promoting Rational Medicine Prescribing in Primary Care across Sub-Saharan Africa (PROSPER) Room: Serondela 3/4	
Workshop H: Balint 2.0: Virtual Balint Groups for Family Doctors around Africa Room: Moremi	

15:30 – 16:00 Tea Break
Room: Tsodilo B/C

Sponsored Talk - (Reckitt) Pain and Fever in Children and Safety of Ibuprofen in Children - Dr. Theo Carl Bezel Ntenegi

16:00 – 16:30 Plenary Session 2: Health Professions Education role in Strengthening Primary Care in Africa

Prof. Susan Van Schalkwyk, Stellenbosch University

Chair-Dr. Kwesi Asafo-Adjei,

Room: Tsodilo B/C

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16:30 – 16:40 Movement Break
16:40 – 17:40 Oral Abstract Parallel Sessions 2 / Symposium / Workshops

Oral Abstracts [60 mins]	Symposia [90 mins]	Workshops
Track G- Santé Publique et Maladies Infectieuses (x4 oral abstracts) Chair-Prof. Bart Criel Room: Board room (1st Floor)	S2—Implementing WHO ICOPE in African Primary Care: Evidence and Innovations from the PAULUS Study [Leon Geffen, Bonaventure Egbujie, Yohanna Mashalla, Enock Chisati, Emmanuel Sendaula, Aynie Berhanie Gebrekidan, Reem Mulla] Room: Okavango 1	Workshop G: From “What’s Working” to Better Care: An Appreciative Inquiry Toolkit for Quality Improvement in Primary Care Room: Serondela 1/2
Track H- Mental Health & Psychosocial Care (x4 oral abstracts) Chair-Dr. Dr. Daniel Machour Room: Tsodilo B1	S3-The PRIMAFAMED journey: Looking back at the future; Strengthening Family Medicine in Africa through Collaborative South-South-North Partnerships [Jan De Maeseneer, Oliver Van Hecke, Bianca de Sá e Silva, Keneilwe Motlathledi, Innocent Besigye, Jane Frances Namatovu, Gulnaz Mohamoud, Bob Mash] Room: Tsodilo B/C	Workshop E: Advancing Emotional, Physical, Psychological and Mental Fitness of Family Physicians in Africa Room: Moremi
Track I- Cancer & Palliative Care (x4 oral abstracts) [Chair-Dr. Patricia Turimumahoro Room: Tsodilo B3		
Track J- Ageing & Older Adult Health (x4 oral abstracts) [Chair- Dr. Ludo Monene Room: Serondela 3/4	**Symposia/Workshops continue into the next session	

18:00 – 19:00 WONCA Africa Council Meeting (Members Only)
Room: Okavango 1
19:30 – 22:00 Gala Dinner & Cultural Evening Featuring Botswana music, dance, and cuisine.

Plot 20716, Magochanyama Road, off Western Bypass, Block 3 Gaborone

Transport to & from Grand Palm Hotel to Botswana Craft included

END OF DAY 1

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DAY 2 | FRIDAY, 11 SEPTEMBER 2026

06:00 – 07:00 “Walk With A Doc” - meet at Grand Palm Hotel entrance

07:00 – 08:00 Registration

07:30-08:30 Oral Abstracts Parallel session 3

Tract N – Ethics, Policy & Society (x4 oral abstracts) [Chair-Dr. Innocent Besigye]

Room: Serondela 3/4

Track O – Clinical Practice & PHC Interface (x4 oral abstracts) [Chair-Dr. Wada Goitsewang]

Room: Serondela 1/2

Track P – Prevention & Screening (x4 oral abstracts) [Chair-Dr. Sebaka Malope]

Room: Moremi

Track Q – Social Determinants & Community Context (x4 oral abstracts)

[Chair-Dr. Hussein Elias]

Room: Okavango 1

Track R – Training & Workforce Development(x4 oral abstracts)

[Chair-Prof. Mergan Naidoo]

Room: Tsodilo B/C

Track S – Maladies Non Transmissibles et Aspects Psychosociaux (x3 oral abstracts)

[Chair-Dr. Stephane Tshitenge]

Room: Okavango 2

08:30 – 10:00 Plenary Session 3: Strengthening Primary Care for Emerging Health Challenges.

Chair- Dr. Keneilwe Motlhatlhed

Room: Tsodilo B/C

08:30-09:00 Integrating Hypertension and Cardiovascular Disease Care (InterCARE Botswana)

Prof. Mosepele Mosepele, University of Botswana School of Medicine

09:00-09:30 Family Medicine is Essential to Primary Health Care.

Prof. Karen Flegg, WONCA Past President, Australian National University.

09:30-10:00 Workforce for Primary Health Care-Prof. James Asamani, WHO

10:00 – 10:30 Tea Break

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10:30 – 11:30 Plenary Session 4: The Future of Family Medicine in Africa. [Chair-Dr. Koketso Maotwe]

10:30-11:00 Plenary talk 1: Lifestyle Medicine/Family Medicine and planetary health- Dr. Ifeoma Monye, President-World Lifestyle Medicine Organization

11:00-11:30 Plenary talk 2: The use of big data in primary care research- Dr. Karen Tu, University of Toronto

Room: Tsodilo B/C

11:30-12:30 Symposia/Oral Abstract/Workshops:

Symposia [90 mins]	Workshops [90 mins]	Oral Abstracts [60 mins]
S5- Teaching and Learning Core Values of Family Medicine [Innocent Besigye (Uganda), Nana Kwame Ayisi-Boateng (Ghana), Keneilwe Motthatlhedhi (Botswana), Gathu Catherine (Kenya) and Klaus von Pressentin (South Africa)] Room: Tsodilo B/C ** session will spill over lunch break**	Workshop J : Building Capacity in Geriatric Care Across Africa: A network for Healthy Aging-2 Room: Okavango 2 Workshop Q: Family Physicians Unique Opportunity to Maximize Adolescent Transition. Room: Okavango 1 ** session will spill over lunch break**	Track L – Quality of Care & Patient Experience (x4 oral abstracts) Chair-Dr. Rory Symons Room: Serondela 3/4

12:30 – 13:30 Lunch /Poster Viewing

12:30-13:30 Sponsored Talk-Debswana (Debswana Environmental, Social & Governance (ESG) Strategy [Dr. Kegomoditswe Biki Maphane]

Room: Tsodilo B/C

13:30 – 15:00 Workshops 2

Workshops	Symposium
Workshop I : Lifestyle Medicine 2 Room: Okavango 1 Workshop L: From Assessment to Trust: Implementing Entrustable Professional Activities in African Training Programmes. Room: Serondela 3/4 Workshop N: Planetary health for African setting-building a working party. Room: Moremi Workshop O: Organizational equity in the WONCA Africa Region Room: Okavango 2 Workshop P: An exploratory cross-regional dialogue on training for African family medicine leaders. Room: Tsodilo B/C	S4— Preparing for your PhD [Besigye K. Innocent, Klaus von Pressentin, Jane Namatovu and Robert Mash] Room: Serondela 1/2 **Session spills over to tea break

15:00 – 15:30 Tea Break

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15:30 – 16:30 Closing Plenary: Partnerships for Impact in Africa. - Chair- Prof. Vincent Setlhare

15:30-16:00: Future Directions for Primary Health Care in Botswana

Hon KFC Motshegwa; Minister of Local Government and Traditional Affairs

16:00-16:30: Report back from workshops and sessions/Awards

Conference Declaration / Gaborone Statement on Primary Health Care and Planetary Health

Room: Tsodilo B/C

16:30 – 17:00 Closing Ceremony [Chair-Prof. Billy Tsimba]

Closing Remarks by WONCA Africa President

Handing over to Host of WONCA Africa 2028

Vote of Thanks & Farewell - Dr. Claire Brockbank

Room: Tsodilo B/C

END OF DAY 2

WONCA-World Organization of Family Doctors (originally the World Organization of National Colleges, Academies, and Academic Associations of General Practitioners/Family Physicians). Founded in 1972, it is a global, not-for-profit organization representing family doctors and general practitioners, aiming to improve worldwide health through high standards of care, education, and research.

ORAL ABSTRACTS

10 September 2026

11:25 – 12:25 Oral Abstract Parallel Sessions 1

Track A: Digital Health & Innovation

Chair: Dr. Karabo Ookeditse

- Abstract 75 – Functional Disability Among Older Adults in Sub-Saharan Africa: Cross-National Evidence from a Scalable Lay-Assessor Model [Bonaventure Egbujie]
- Abstract 12 – In Silico Epigenetic Analysis of Environmental Exposures and Implications for Primary Health Care in African Populations [Salma Mahmoud]
- Abstract 13 – Epigenetic Signatures of Climate Change: Innovations for Planetary Health in African Primary Care [Salma Mahmoud]
- Abstract 51 Readiness for artificial intelligence-enhanced medical care among doctors in Ogun state south-west Nigeria [Lukman Adefuye]

Track B: NCDs & Chronic Care

Chair: Dr. Ts'epo Motsosi

- Abstract 5 – Effectiveness of Service Delivery Designs for Hypertension Management in Sub-Saharan Africa: A Scoping Review [S. Cheruiyot]
- Abstract 4 – Barriers to blood pressure control among patients already on BP treatment in public PHC clinics in Gaborone, Botswana [Vincent Setlhare]
- Abstract 66 – The effectiveness of the community-oriented model of primary care for diabetes compared to standard care [Michael Pather]
- Abstract 84 – Diabetes self-care management among older adults at Kiruddu national referral hospital, Uganda [Patricia Turimumahoro]

Track C: Maternal & Child Health

Chair: Dr. Jane Namatovu

- Abstract 26 – Knowledge of Risk Factors for Cervical Cancer Among Women Attending Maternal and Child Health Services in Maputo: Findings from a Mixed-Methods Study, 2024 [Ofelia Rambique]
- Abstract 49 – Prevalence of Perinatal Depression in a Primary Care Facility in Ghana: Findings from the Mothers Need More Support Programme [Stephen Engmann]
- Abstract 30 – Knowledge, Attitudes and Practices of Mahalapye women regarding abortion legislation in Botswana [Mandla Legwaila]

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Track D: Infectious Diseases

Chair: Dr. Kwame Ayisi-Boateng

- Abstract 81 – Effect of climate variability on malaria incidence in Manicaland Province, Zimbabwe [Keshena Naidoo]
- Abstract 83 – Early diagnosis and treatment of malaria in Ugandan schools [Anna Kabona]
- Abstract 53 – Seroprevalence of teratogenic viruses among women of childbearing age in Botswana: Rubella, Cytomegalovirus and Varicella Zoster viruses [Irene Gobe]
- Abstract 64-Using music to raise sexual and gender related violence awareness [Brenda Tusubira]

Track E: Health Systems Strengthening

Chair: Dr. Ibrahim Banuru

- Abstract 71 – Mapping family physician deployment in South Africa's District Health System: Implications for strengthening Primary Health Care in Africa [Klaus Von Pressentin]
- Abstract 103 – Strengthening Nigeria's Health Systems through Laboratory Networks: A Qualitative Assessment of Social Impact Across Communities [Temitope Ilori]
- Abstract 73 - Follow up evaluation of primary care performance in South Africa: PCAT findings from 2015-2024 [Klaus Von Pressentin]
- Abstract 35 – Universal health coverage in the Democratic Republic of Congo in the Anthropocene era: pitfalls and opportunities [Delphin Kayembe Katayi]

Track F: Community-Oriented Primary Care

Chair: Dr. Ompatile Totolo Koobonye

- Abstract 40 – Aligning Community-Based Primary Care with Livelihood Strengthening to Advance Planetary Health in Rural Kenya: The AMPATH BIGPIC Model [James Kamadi]
- Abstract 39 – A People-Centered Community-Oriented Primary Care Model for Integrated NCD Management in Rural Africa: The AMPATH BIGPIC Experience [James Kamadi]
- Abstract 52 – Anticipated determinants of implementing acute abdomen guidelines in primary care: A qualitative case study from Zambia [Wilson Mbewe]
- Abstract 41 – Strengthening community participation to address malnutrition in Kwilu Province, Democratic Republic of the Congo [Jean-Pierre Fina Lubaki]

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Track G: Santé Publique et Maladies Infectieuses

Chair: Prof. Bart Criel

- Abstract 97 - *Prévalence des infections sexuellement transmissibles chez les consommateurs de drogues injectables dans la ville de Kinshasa* [Kapitene Kamuanga Michael]
- Abstract 100 - *Déterminants de la faible couverture vaccinale dans la Zone de Santé de Bandalungwa* [Steve Makolo Bueyi]
- Abstract 101 - *Facteurs associés à la survenue des infections sexuellement transmissibles chez les jeunes dans le district de la Tshangu* [Max Gabibulu Mulum]
- Abstract 95 - *Prévalence et facteurs associés à la sexualité chez les adolescents et jeunes en milieu scolaire à Conakry 2025* [Camara Alseny]

16:40 – 17:40 Oral Abstract Parallel Sessions 2

Track H: Mental Health & Psychosocial Care

Chair: Dr. Daniel Machour

- Abstract 90 – Man-made chronicity: Access, employment and the cycles that perpetuate chronic pain [Mufudzi Chihambakwe]
- Abstract 25 – Prevalence and Correlates of Mild Cognitive Impairment Among Older Adults in Botswana [Sneha L. Purakkattil]
- Abstract 18- Why is there violence in our workplace? Perceptions of primary health care workers and managers in Gauteng Province [Afolake Amodu]
- Abstract 98 – Baseline Experiences and Perceptions of Asthma Management in Kaloleni Sub-County, Kenya: A Qualitative Study [Jacob Shabani]

Track I: Cancer & Palliative Care

Chair: Dr. Patricia Turimumahoro

- Abstract 34 – Multi-disciplinary home-based care of patients with palliative care needs in a rural community in South Africa [Louis Jenkins]
- Abstract 47 – Adapting the Gold Standard Framework UK (GSF) for Proactive End-of-Life Care in Africa: Lessons from the Gold Care Africa Pilot [Ian Kibet]
- Abstract 54 - Ethical Palliative Care and symptom integration into Primary Health Care [Mohamoud Merali]
- Abstract 73- Feasibility of Intrinsic Capacity Assessment in African Primary Care: Results from the PAULAS Study [Bonaventure Egbujie]

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Track J: Ageing & Older Adult Health

Chair: Dr. Ludo Monene

- Abstract 72 – A cross-sectional observational study of the feasibility of using comprehensive health assessments of older adults in 14 African nations: The Pan-African Utilization of Lay Assessment Systems (PAULAS) Project [Hirdes, John]
- Abstract 77 – Functional Status & Falls Among Older Adults in Africa: Findings from the PAULAS Study [Enock Chisati]
- Abstract 76 – Pain among older adults in Africa: A cross-sectional study in 11 African nations [Yohana Mashalla]
- Abstract 91- Near and far: Primary care reflections from 5 clinics across Botswana [Michael Pretorius]

Track K: Climate & Planetary Health

Chair: Kenewang Motshegwa

- Abstract 85 – A practical framework for integrating planetary health into family medicine training in Africa [Elizabeth Chege]
- Abstract 42 – Building climate-resilient primary care in the Cederberg subdistrict, South Africa [Christian Lueme Lokotola]
- Abstract 79 – How can community-orientated primary care tackle the environmental determinants of health? [Sheron Forgas]
- Abstract 1 - Evaluating the climate related capacities and vulnerabilities of the Matsaudi Community in Botswana [Mandisa Tenego]

Track L: Quality of Care & Patient Experience

Chair: Dr. Rory Symons

- Abstract 3 – Barriers to good consultations in public primary healthcare clinics [Vincent Setlhare]
- Abstract 61 – Perceived primary care performance among adult patients attending SFHN [Maria Nakitende]
- Abstract 98 – Colorectal cancer in an 18-year-old male in Lesotho: a case study highlighting early onset colorectal cancer and the challenge of equitable cancer services [Liekelitsoe Makatla]
- Abstract 92- Collaboration of a Family Physician in the writing of the latest (2025) Osteoarthritis seminar [Mosedi Namane]

Track N: Ethics, Policy & Society

Chair: Dr. Innocent Besigye

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- Abstract 29 – Why Translation Matters: Medical Cannabis and Primary Health Care Safety in Post-Legislative African Contexts [Clinton Molefe]
- Abstract 59 – Embedding Economic Reasoning in Primary Care Research [Akim Tafadzwa]
- Abstract 63-Community-Oriented Primary Care as the entry point for families with genetic conditions in Africa: Evaluating engagement practices for informed consent and feedback of genetic test results in genomics research [Lebogang Montewa]
- Abstract 80 – To what extent does primary health care policy in Africa incorporate climate change into its future considerations, strategies, and plans? [Sheron Forgas]

11 September 2026

07:30-08:30 Oral Abstracts Parallel sessions 3

Track O: Clinical Practice & PHC Interface

Chair: Dr. Wada Goitsewang

- Abstract 45 – Learning to Cut': An ethnographic exploration of the way medical officers learn to operate as surgeons in South African district hospitals [Sarah Shafika Parker]
- Abstract 52 – Anticipated determinants of implementing acute abdomen guidelines in primary care: A qualitative case study from Zambia [Wilson Mbewe]
- Abstract 93 - Building preventative capacity: the role of nurse training in community oral health and disease prevention [Josephine Maseko]
- Abstract 55 – Balancing the risks of rheumatic heart disease and antimicrobial resistance in South Africa [Oliver Van Hecke]

Track P: Prevention & Screening

Chair: Dr. Sebaka Malope

- Abstract 6 – Increasing Access and Equity of Cervical Cancer Screening with HPV Testing Through an Integrated Model in Bekwai, Ghana [Adenike Yetunde Giwa]
- Abstract 19 – Chronic Kidney Disease Knowledge and Its Determinants Among Patients with Diabetes in Rural Eastern Uganda: A Cross-sectional Study [Eva Zalwango]
- Abstract 87 – Prevalence and risk factors for hypertension among adolescents attending a family medicine clinic in north central Nigeria [Abdul Rauf Segun Ibraheem]
- Abstract 82 – Caregivers' Experiences and Perceptions of Health Education for Pediatric Atopic Dermatitis in Cape Town [Fundi Genu]

Track Q: Social Determinants & Community Context

Chair: Dr. Hussein Elias

- Abstract 78 – Association between economic trade-offs and health outcomes among older Africans: A cross-sectional study in 11 African countries [Emmanuel Sendaula]

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- Abstract 58 – Anthropological and Psychosocial Determinants Related to Parental Vaccine Hesitancy in São Paulo State, Brazil [Mario Angelo Cenedesi Junior]
- Abstract 70 – Realist Evaluation of an Online Research Capacity Building programme in Sub-saharan Africa [Pius Ameh]
- Abstract XX- Prevalence And Risk Factors Associated with High Blood Pressure Among Students in Kwame Nkrumah University of Science and Technology, Ghana [Bernice Enyonam Akpaloo, Bimi Hansel Sambian, Emmanuel Konadu, and Sam Kofi Newton]

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Track R: Training & Workforce Development

Chair: Prof. Mergan Naidoo

- Abstract 24 – Evaluating the National Implementation of Entrustable Professional Activities in Family Medicine Training in South Africa: A Formative Multi-Site Study [Kimera Suthiram]
- Abstract 48 – Exploring clinician-leadership development for South African primary care through group coaching in a revised leadership and governance module [Angela de Sá]
- Abstract 7- Medical Students' Perceptions of Humanities Courses at Aga Khan University, Kenya [Catherine Gathu]
- Abstract 11- Benefits, challenges, and the way Forward: Medical Specialists' Perception on Family Physician Integration in Healthcare system in Tanzania [Sumayyah Saudin]

Track S: Maladies Non Transmissibles et Aspects Psychosociaux

Chair: Dr. Stephane Tshitenge

- Abstract 99 - *Contrôle glycémique : prévalence et facteurs associés chez les patients atteints de diabète de type 2 au Nord Kivu* [Francine Mbonga Moseka]
- Abstract 62 - Predictive factors of mortality in severely acutely malnourished children aged 6 to 59 months in the Mweso Health Zone, North Kivu, Democratic Republic of the Congo [Jean-Pierre FINA LUBAKI]
- Abstract 102 - *Profil psychosocial clinique des personnes vivant avec le VIH/SIDA hospitalisées au Centre Médical Luyindu de Kinshasa* [Mendel Ngwala Leba]

POSTER ABSTRACTS

1. **Perspectives of Future Nigerian Doctors on Medical Education and Workforce Strengthening**
Authors: Imesidayo Omua Eboreime-Oikeh and Oikigbeme Sylvia Oikeh
2. **Evaluating the climate related capacities and vulnerabilities of the Matsaudi Community in Botswana**
Authors: Mandisa Tenego, Bob Mash, and Christian Lokotola
3. **Prevalence And Risk Factors Associated with High Blood Pressure Among Students in Kwame Nkrumah University of Science and Technology, Ghana**
Authors: Bernice Enyonam Akpaloo, Bimi Hansel Sambian, Emmanuel Konadu, and Sam Kofi Newton
4. **The Role and Impact of Telepsychiatry in Strengthening Mental Health Care Systems in African Countries**
Authors: Konstantinos Sfiniadakis, Prodromos Sfiniadakis, Despoina Sfiniadaki, Dimitra Vasileiou-Dervisoglou, Ioannis Sfiniadakis, and Evdokia Sfiniadaki
5. **Chronic Care Model Impact in Type 2 Diabetes Care in Primary Care Settings in Gulf Countries: A Scoping Literature Review**
Authors: Yasir Mohammed Zaroug Elradi
6. **Community-Oriented Primary Care for the Elderly in Mahalapye, Botswana: A Home-Based Comprehensive Geriatric Assessment Project**
Authors: Khumo Khunou
7. **Factors Associated With Postpartum Depression Among Women Attending Postnatal Clinics In A Tertiary Care Hospital In Nairobi, Kenya**
Authors: Cecilia Njoga, Gulnaz Mohamoud, James Orwa, Njeri Nyanja, and Jacob Shabani
8. **Motivation, Challenges, and Career Satisfaction in Medical Education: Evidence from Nigeria**
Authors: Imesidayo Omua Eboreime-Oikeh, Oikigbeme Sylvia Oikeh, and Harmony Uche Ibezim
9. **Leukoplakia on Holiday: When the Mouth Takes a Vacation**
Authors: Célia Isabel Alves da Conceição
10. **Clinical skills of general practitioners in Nairobi, Kenya: a cross-sectional study**
Authors: Gulnaz Mohamoud and Bob Mash
11. **Prevalence & Associated Clinical Factors of Septic Abortion, in Princess Marina Hospital, in 2019**
Authors: Khumo Khunou, Billy Tsima, Keneilwe Motlathledi, and Bogadi Loabile
12. **Social Support And Associated Factors Among Adolescents With Asthma At Mulago National Referral Hospital**
Authors: Mutyaba Joseph and Jane Namatovu
13. **Approach To Patient With Chronic Vein Ulceration – TIME Concept**
Authors: Kristina Sambol and Tatjana Cikac

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- 32. Migrants' experiences of accessing primary care in Emfuleni Municipality, South Africa**
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- 33. Prévalence et comportement à risque de transmission des maladies virales observé chez les minorités sexuelles à Kinshasa : étude transversale et analytique**
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About Symposia and Workshops

S1: Strengthening Primary Health Care Capacity in Sub-Saharan Africa: Lessons from the NORHED II PRICE Partnership

Many countries in Sub-Saharan Africa continue to face profound shortages of qualified primary health care (PHC) personnel, limited postgraduate training opportunities, and insufficient academic capacity to support PHC leadership and research. The Primary Health Care Leaders Education (PRICE) project—funded through NORHED II (2021–2026)—was established as a multi-institutional partnership between the University of Bergen (UiB, Norway), Kamuzu University of Health Sciences (KUHeS, Malawi), the University of Zambia (UNZA), and Stellenbosch University/PRIMAFAMED (South Africa). PRICE aims to strengthen PHC education, leadership, and research systems in Malawi and Zambia by developing curricula, building faculty capacity, supporting postgraduate training, and expanding digital learning infrastructure. This symposium highlights how a multi-country, multi-institution partnership can build resilient PHC training systems in Sub-Saharan Africa. By sharing lessons learned from Malawi, Zambia, South Africa, and Norway, the session provides practical insights for educators, policymakers, and global health leaders committed to strengthening PHC capacity and advancing universal health coverage across the continent.

S2: Implementing WHO ICOPE in African Primary Care: Evidence and Innovations from the PAULUS Study.

This symposium will equip FP with practical tools and implementation strategies from PAULAS, explore task-sharing models that enhance rather than burden clinical practice, and build a collaborative network advancing geriatric competency in African family medicine.

S3: The PRIMAFAMED journey: Looking back at the future; Strengthening Family Medicine in Africa through Collaborative South-South-North Partnerships.

The Primafamed journey demonstrates the value of long term, multiregional collaboration in strengthening Family Medicine and Primary Health Care in Africa. As climate pressures intensify and geopolitical shifts reshape global health priorities, the network's commitment to South South-North and triangular cooperation positions it to contribute meaningfully to resilient, equitable Primary Health Care systems across the continent. The objective of the symposium is to present the evolution of Primafamed and extract principles that support resilient, African-led primary health care development.

S4: Preparing for your PhD

An interactive symposium will be conducted. Participants will be introduced to what a PhD is and its purpose. Various models of doctoral studies will be described.

A brief personal reflection on the experience of preparing for a PhD from a recent graduate will be shared. A PhD supervisor will also share the supervisor's perspectives on preparing for a PhD.

Participants will be divided into groups to discuss the key areas of preparation for PhD studies highlighting the rationale and approaches.

S5: Teaching and Learning Core Values of Family Medicine

Family doctors provide primary care to individuals, families and communities. Family medicine, as a discipline, and family physicians, as specialists, must have a unique identity defined by principles and values that guide the provision of care. The core values of family medicine within the African context have been defined. However, how these core values are transmitted within family medicine and acquired by family doctors remains poorly understood. There is a need to explore how family doctor training in Africa promotes these core values.

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Workshop A & I: Lifestyle Medicine

Participants will explore practical tools for integrating Lifestyle Medicine into Family Medicine and Primary Health Care, practice a clinical case under faculty supervision, experience culturally appropriate community Lifestyle Medicine approaches, and contribute to a continental call to action.

Workshop B: Building Capacity in Geriatric Care Across Africa: A network for Healthy Aging.

This half-day workshop aims to: 1) Expand the existing WONCA Pan-African network of general practitioners, family doctors, and primary care practitioners interested in ageing and geriatric care; 2) identify strategies for building capacity in geriatrics across diverse African healthcare contexts; 3) promote implementation of the WHO Decade of Healthy Ageing (2021-2030) and Integrated Care for Older People (ICOPE) framework within primary care settings; and 4) develop collaborative research and training initiatives tailored to African contexts.

Workshop C: Navigating Professional Growth for Women Family Physicians in Academia and Clinical Practice

This workshop, through interactive sessions and expert panels will empower women educators, and researchers in family medicine to confidently navigate their careers, advocate for themselves and assume leadership roles.

Workshop D: Shaping the Quality and Safety Agenda for Primary Care in Africa: A Regional Scoping Workshop of the WONCA Working Party on Quality & Safety.

The workshop will utilise participatory facilitation techniques, including small-group dialogue, structured prioritisation, and reflexive exploration. Participants will critically examine the relevance and applicability of the global WP Q&S agenda to African health systems. Interactive exercises will support the identification of regionally grounded focus areas. A dedicated component will explore collaborative opportunities with the WONCA Working Party on Research, including region-led, contextually adapted applications of tools such as the Primary Care Assessment Tool (PCAT). Methods will foreground equitable knowledge exchange, local ownership, and capacity strengthening. The workshop also seeks to establish the foundation for follow-up engagement at the WONCA World Conference in Cape Town (2027).

Workshop E: Advancing Emotional, Physical, Psychological and Mental Fitness of Family Physicians in Africa

Participants will emerge with an individualized sustainability plan, practical regulation strategies suitable for immediate implementation, and a framework for advancing cultures of emotional, physical, psychological and mental wellbeing. Healing the healer is positioned as foundational to compassionate, high-quality and sustainable self-care. This will eventually translate to their institutional clinical environments thereby enhancing health outcomes.

Workshop F: Promoting Rational Medicine Prescribing in Primary Care across Sub-Saharan Africa (PROSPER)

The workshop will combine short presentations with interactive, practice-focused activities. Brief lectures will introduce the PROSPER project which aims to inform the implementation of the WHO Guide in prescriber education across four African countries (South Africa, DR Congo, Uganda, Ethiopia). Group activities and discussions will allow participants to share their experiences of rational prescribing of medicines in primary care and the current state of implementation of the WHO Guide to Good Prescribing in their country. Through a series of case studies, we will engage participants in reflective dialogue on their own experiences, challenges and institutional practices and opportunity to formulate recommendations for implementing the WHO 6-Step in the Africa setting.

Workshop G: From “What’s Working” to Better Care: An Appreciative Inquiry Toolkit for Quality Improvement in Primary Care

This 70-minute interactive workshop introduces the AI methodology (Define–Discover–Dream–Design–Deliver/Deploy, with Celebration) and demonstrates how to apply the toolkit in real PCN settings. Participants will: (1) receive a concise orientation to the toolkit components (facilitator guide, meeting scripts, prompts, templates, flashcards, and measurement aids); (2) work in small groups using a simulated PCN case (e.g., missed follow-up for diabetes, delays in referral feedback, immunisation defaulter tracing, medication safety) to run a rapid “Discover” and “Design” cycle; and (3) map actions to a simple PCN QI plan including roles, timelines, safety risks, and indicators. Plenary discussion will focus on adaptation for different contexts, leadership, and sustaining change.

Workshop H: Balint 2.0: Virtual Balint Groups for Family Doctors around Africa

Balint 2.0 arose through interest of the Young Doctors Movements leadership, who approached the International Balint Federation for assistance. Initial discussions and some trialing of videoconference platforms led to monthly group meetings over the internet. Surveys evaluated each individual session as well as quarterly progress of the group. Survey items were borrowed from existing surveys in use by the American and German Balint Societies.

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Workshop J: Building capacity in geriatric care across Africa: A network for healthy aging

This half-day workshop aims to: 1) Expand the existing WONCA Pan-African network of general practitioners, family doctors, and primary care practitioners interested in ageing and geriatric care; 2) identify strategies for building capacity in geriatrics across diverse African healthcare contexts; 3) promote implementation of the WHO Decade of Healthy Ageing (2021-2030) and Integrated Care for Older People (ICOPE) framework within primary care settings; and 4) develop collaborative research and training initiatives tailored to African contexts.

Workshop L: From Assessment to Trust: Implementing Entrustable Professional Activities in African Training

Programmes. This 90-minute interactive workshop is for programme directors, clinical educators, and training leaders. Using real-world African scenarios, participants will examine current WBA practices and explore EPAs practically, focusing on trust, supervision, and real clinical work. Facilitated group activities will guide participants in transforming familiar tasks into EPAs, defining supervision levels, and mapping existing WBA tools. The workshop emphasizes phased, low-resource implementation strategies that do not require comprehensive curriculum reform, electronic portfolios, or immediate regulatory change.

Workshop N: Planetary Health for the African setting – Building a working party

Bringing together public health and family medicine doctors, environmental scientists and an environmental NGO to discuss solutions to the planetary health crisis. Join the African WONCA Working Party for Planetary Health to develop a regional planetary health action plan for Primary Health Care.

Workshop O: Organizational equity in the WONCA Africa Region

Organizational equity in WONCA examines the relative distribution of power and available resources among key internal stakeholders, including regional presidents, regional executives, and family doctors in the different Member Organizations (MOs) worldwide. Organizational equity is affected by the individual's perception of being treated fairly compared to others. In the WAR, the OEC has just formed. There is a need to explore the views of MOs on how the OEC can address their needs in promoting equitable membership within WAR.

Workshop P: An exploratory cross-regional dialogue on training for African family medicine leaders.

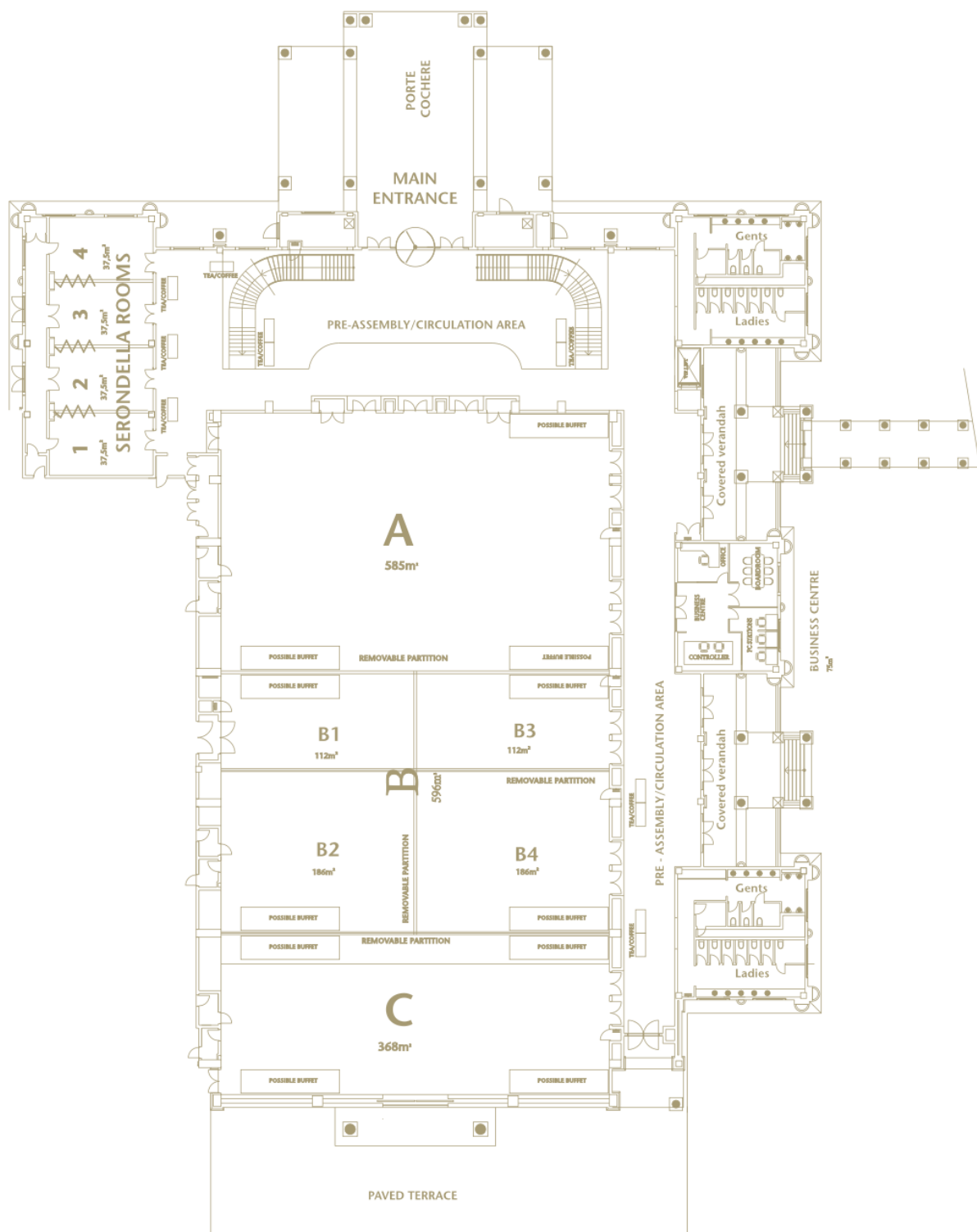
Across the African region, family physicians play a vital role in strengthening district health services (DHS) and advancing people-centred primary health care (PHC). Yet clinical leadership is often perceived as a distant, hierarchical function rather than a shared, everyday practice embedded within multidisciplinary teams. Recent workshops in Africa have highlighted the importance of leadership presence, psychologically safe learning environments, mentorship, reflective practice, and structured feedback in developing strong clinical leaders. The South African training context offers one example of how Entrustable Professional Activities (EPAs) and workplace-based assessment strategies can be used to structure leadership development, but many alternative models exist across the region. WONCA Africa provides an ideal platform for comparing these diverse approaches and learning from one another.

Workshop Q: Family Physicians Unique Opportunity to Maximize Adolescent Transition.

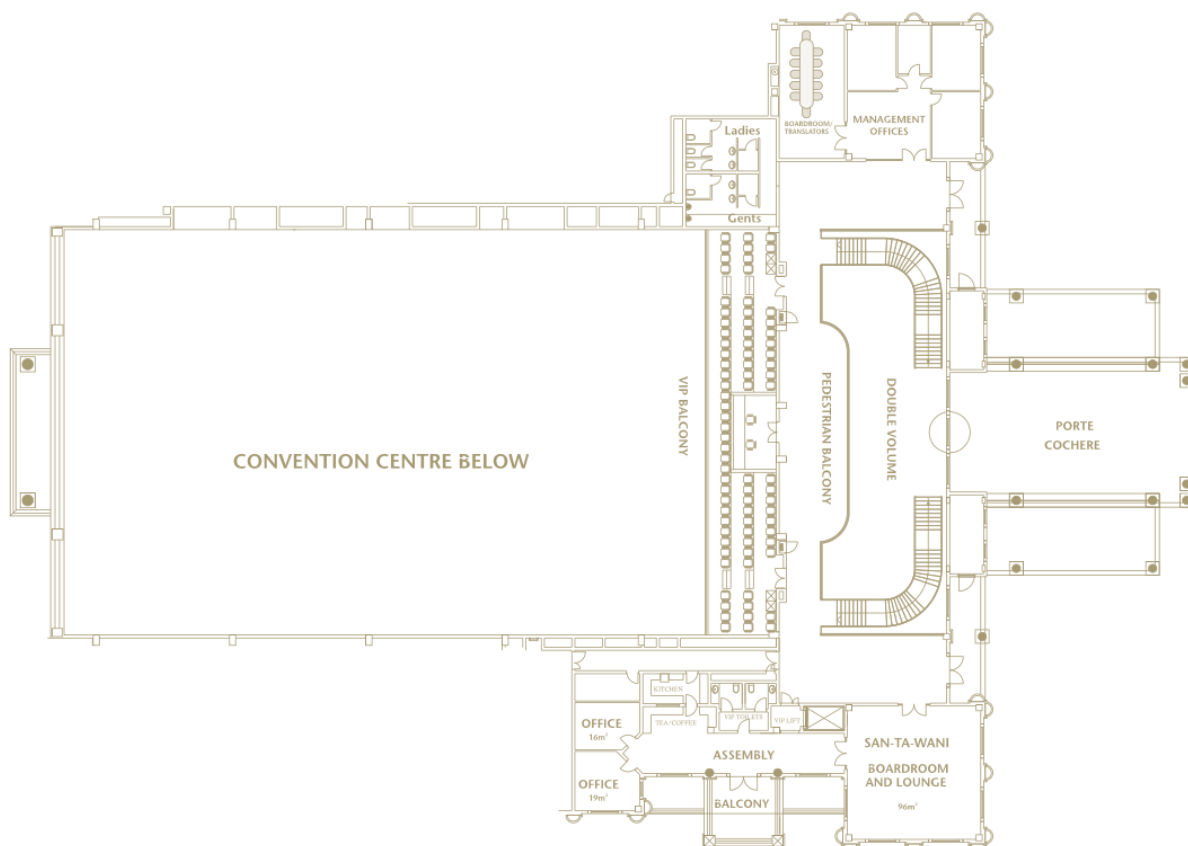
This 90 minute interactive skills workshop introduces three frameworks: (1) the Staged Autonomy Model, framing transition as a developmental arc across early, middle, and late adolescence rather than a single handover event; (2) SSHADESS, a strengths-first psychosocial interview tool rooted in Positive Youth Development; and (3) five communication-based transition readiness indicators requiring no validated tool. It will start with didactics introducing the above models. Next there will be paired case practice using two chronic disease vignettes will be followed by facilitated debrief and individual action commitments.

Venue Floor Plan

THE GICC GROUND FLOOR CONVENTION FACILITIES LAYOUT



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EDITOR-IN-CHIEF

Bob Mash

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ABOUT THE JOURNAL

The journal is the official journal of WONCA (World Organization of Family Doctors) Africa Region. It provides a platform for scholarly exchange between family medicine and primary health care researchers and practitioners across Africa. It provides a contextual and holistic view of family medicine and primary health care as practised across the continent.

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WONCA 2027



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